

Start Living with the Premium Essential Oils Collection



Frankincense

- Diffuse during meditation for grounding and purpose
- Use for massage after activity
- May help smooth the appearance of healthy-looking skin



Citrus Fresh

- Neutralizes odors in the air of your home
- Freshens laundry
- Put a few drops on cotton balls and place on vents in your home



Copaiba

- Promotes wellness*
- Mix with honey & warm water to create a tea
- May be an important part of a daily health regimen*



Lemon

- Enhances the flavor of foods & water
- Key ingredient in the Thieves blend
- Add a drop to beverage of your choice



Thieves

- Supports healthy immune function*
- Mix with honey & warm water to create a soothing tea
- May support healthy teeth & gums*
- * Add a drop to your oatmeal



Raven

- Rub Raven on your feet or chest before exercise to uplift and inspire
- Diffuse for a comforting aroma
- Massage three drops on bottom of feet before bedtime



Peppermint

- Supports gastrointestinal system comfort*
- Promotes healthy bowel function*
- Supports normal digestion*



PanAway

- Apply topically after exercise
- Has a stimulating aroma
- Dilute and apply to neck & back for soothing aromatic experience



Lavender

- Diffuse for a comforting & calming scent
- Add a few drops to a nighttime bath
- Diffuse for a fresh, clean scent & to eliminate odors



DiGize

- Use DiGize with every meal to support a daily wellness regimen*
- Use as a dietary supplement in water when traveling abroad
- Add to a gel capsule



Stress Away

- Aroma may reduce mental rigidity
- Diffuse to encourage relaxation
- Massage onto shoulders and back of neck for a soothing aromatic experience

Stress Away Blend:
Bonus with your
YL Membership

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

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