Balance Complete is a superfood-based meal replacement that is both a powerful nutritive energizer and a cleanser. Balance Complete is high in fiber, high in protein, and contains the good fats, enzymes, vitamins, and minerals needed for a nutritionally dynamic meal.

Ingredients: Proprietary V-Fiber Blend (larch polysaccharides, Ningsia wellbergii (Lycium barbarum) fruit, brown rice bran, guar gum, konjac, xanthan gum, chicory root fiber extract (FOS) and sodium alginate), whey protein concentrate; nonfat dry milk; medium chain triglyceride; natural vanilla flavor; fructose; lecithin; calcium (as tricalcium phosphate); phosphorus; Proprietary Enzyme Complex (tartaric, isoleucine, bromelain, papain, and amylase); edible magnesium oxide; barley grass; rice bran; derivative (flavor from natural citrus); cinnamon bark; mixed carotenoids; vitamin A; soy lecithin; vitamin B6; vitamin C; (ascorbic acid); mixed tocopherols; vitamin E; vitamin B2 (riboflavin); vitamin D3 (cholecalciferol); vitamin B12 (methylcobalamin); folic acid; sorbitol; maltodextrin; and pectin.

Balance Complete also features Young Living’s proprietary V-Fiber™ blend, which supplies an amazing 11 grams of fiber per serving, absorbs toxins, and satisfies the appetite while balancing the body’s essential requirements.

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